



TRINITY PARISH

SEATTLE

609 8th Ave Seattle, WA 98104 | www.trinityseattle.org | 206-624-5337

FOURTH SUNDAY OF EASTER

Holy Eucharist

May 11, 2025, at 8:00am and 10:30am



Welcome to Trinity!

Trinity is an open and affirming congregation, where we believe every person is created in God's image and all creation is sacred. Our deep values are **Diversity** and **Inclusion**, **Community**, **Engaging our Neighbors**, and **Sacred Place, Holy Space**.

The 10:30am service is being broadcast and recorded. By attending, you consent to your likeness and voice being broadcast, recorded, and published on the Internet.

Whether you are joining us in person or livestream, we are so glad you are here to worship with us on this holy day.

We acknowledge that we worship on the unceded ancestral land of the Duwamish People past and present, the first people of Seattle, and we honor with gratitude the land itself and the Duwamish Tribe, to whom we pay Real Rent.

LITURGY OF THE WORD

PRELUDE (10:30)

Prelude and Fugue No. 4

Carson Cooman

WELCOME

HYMN (10:30)

Sing, ye faithful, sing with gladness

Finnian



1 Sing, ye faith - ful, sing with glad - ness, wake your no - blest,
2 Sing how he came forth from hea - ven, bowed him - self to
3 So, he tast - ed death for mor - tals, he, of hu - man -
4 Now on high, yet ev - er with us, from his Fa - ther's



sweet - est strain, with the prais - es of your Sa - vior
Beth - lehem's cave, stooped to wear the ser - vant's ves - ture,
kind the head, sin - less one, a - mong the sin - ful,
throne the Son rules and guides the world he ran - somed,



let his house res - ound a - gain; him let all your
bore the pain, the cross, the grave, passed with - in the
Prince of life, a - mong the dead; thus he wrought the
till the ap - point - ed work be done, till he see, re -



mu - sic hon - or, and your songs ex - alt his reign.
gates of dark - ness, thence his ban - ished ones to save.
full re - demp - tion, and the cap - tor cap - tive led.
newed and per - fect, all things gath - ered in - to one.

Words: John Ellerton (1826-1893), alt. Music: *Finnian*, Christopher Dearnley (b. 1930). By permission of Oxford University Press.

Hymnal 1982 #492

Presider Alleluia. Christ is risen.

People **The Lord is risen indeed. Alleluia.**

GLORIA (8:00)

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

(10:30)



1. Glo-ry to God in the high-est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy on us;
5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For

you a-lone are the Ho-ly One, you a-lone are the Lord,

7. you a-lone are the Most High, Je-sus Christ, with the

Ho-ly Spi-rit, in the glo-ry of

God the Fa-ther. A-men.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Hymnal 1982 #S-278

COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. **Amen.**

Please be seated.

READING FROM THE ACTS OF THE APOSTLES

Acts 9:36-43

Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs.

Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord. Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

The Word of the Lord.

Thanks be to God.

RESPONSE

Psalm 23

ANTIPHON



From *A HymnTune Psalter, Revised Common Lectionary Edition* © 2007 by Carl P. Daw, Jr. and Kevin R. Hackett. Church Publishing Incorporated. All rights reserved. Used by permission.

- 1 The Lord is my shepherd; *
I shall not be in want.
- 2 He makes me lie down in green pastures *
and leads me beside still waters. *Antiphon*
- 3 He revives my soul *
and guides me along right pathways for his Name's sake.
- 4 Though I walk through the valley of the shadow of death,
I shall fear no evil; *
for you are with me; your rod and your staff, they comfort me. *Antiphon*



5 You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil, and my cup is running over.

6 Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the Lord for ever. *Antiphon*

READING FROM THE EPISTLES

Revelation 7:9-17

I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, "Salvation belongs to our God who is seated on the throne, and to the Lamb!" And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshiped God, singing, "Amen! Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen." Then one of the elders addressed me, saying, "Who are these, robed in white, and where have they come from?" I said to him, "Sir, you are the one that knows." Then he said to me, "These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb. For this reason they are before the throne of God, and worship him day and night within his temple, and the one who is seated on the throne will shelter them. They will hunger no more, and thirst no more; the sun will not strike them, nor any scorching heat; for the Lamb at the center of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes."

The Word of the Lord.

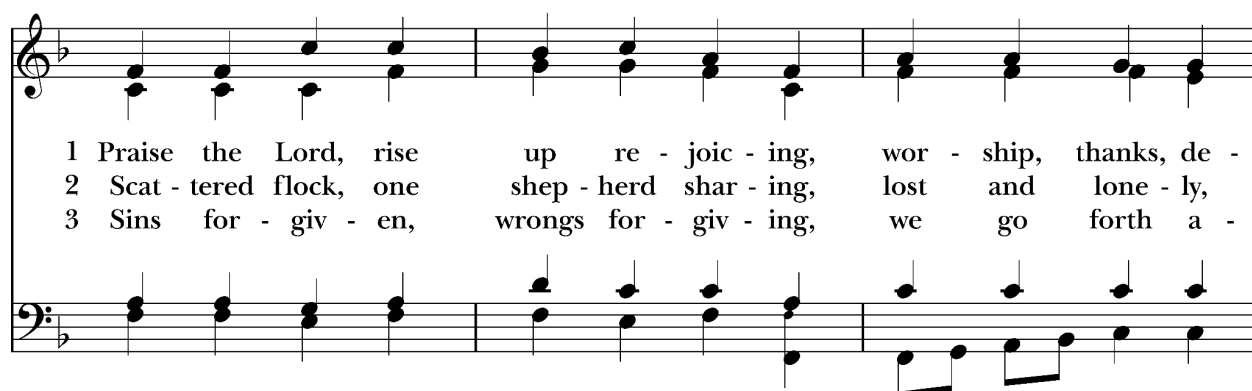
Thanks be to God.

Please rise as you are able.

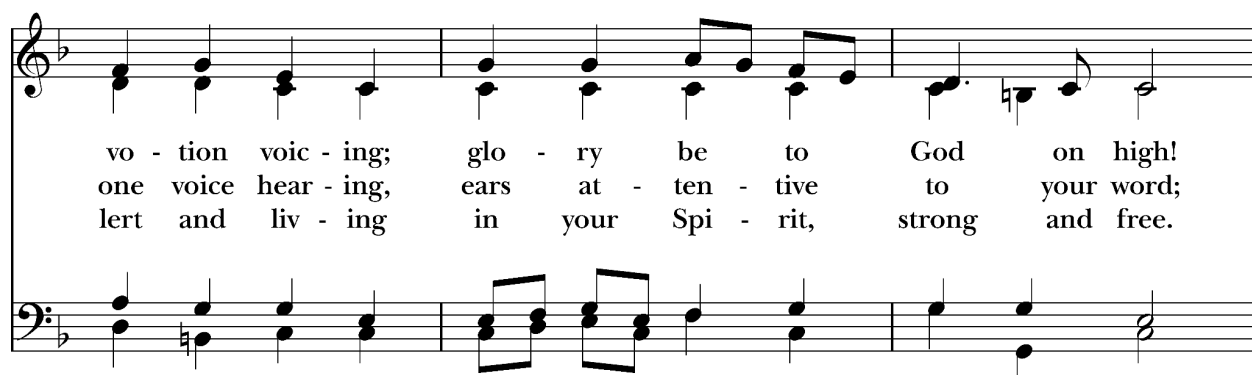
HYMN (10:30)

Praise the Lord

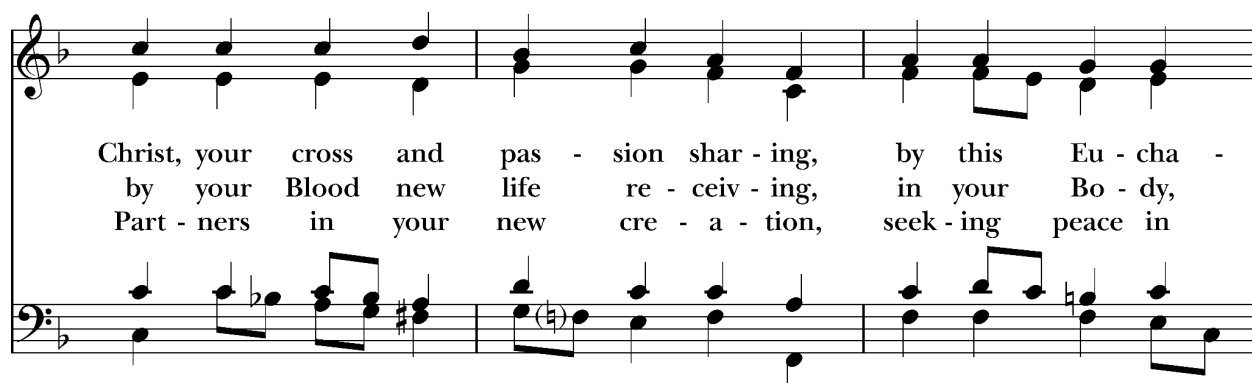
Alles ist an Gottes Segen



1 Praise the Lord, rise up re - joic - ing, wor - ship, thanks, de -
 2 Scat - tered flock, one shep - herd shar - ing, lost and lone - ly,
 3 Sins for - giv - en, wrongs for - giv - ing, we go forth a -



vo - tion voic - ing; glo - ry be to God on high!
 one voice hear - ing, ears at - ten - tive to your word;
 lert and liv - ing in your Spi - rit, strong and free.



Christ, your cross and pas - sion shar - ing, by this Eu - cha -
 by your Blood new life re - ceiv - ing, in your Bo - dy,
 Part - ners in your new cre - a - tion, seek - ing peace in



rism de - clar - ing yours the fi - nal vic - to - ry.
 firm be - liev - ing, we are yours, and you the Lord.
 ev - ery na - tion, may we faith - ful fol - lowers be.

Words: Howard Charles Adie Gaunt (1902-1983), alt. By permission of Oxford University Press. Music: *Alles ist an Gottes Segen*, melody att. Johann Balthasar König (1691-1758), alt.; harm. Johann Löhner (1645-1705), after chorale ver. Johann Sebastian Bach (1685-1750).

GOSPEL READING

John 10:22-30

The Holy Gospel of our Savior Jesus Christ according to John.

Glory to you, Lord Christ.

At that time the festival of the Dedication took place in Jerusalem. It was winter, and Jesus was walking in the temple, in the portico of Solomon. So the Jews gathered around him and said to him, "How long will you keep us in suspense? If you are the Messiah, tell us plainly." Jesus answered, "I have told you, and you do not believe. The works that I do in my Father's name testify to me; but you do not believe, because you do not belong to my sheep. My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish. No one will snatch them out of my hand. What my Father has given me is greater than all else, and no one can snatch it out of the Father's hand. The Father and I are one."

The Gospel of the Lord.

Praise to you, Lord Christ.

Please be seated.

SERMON

Rev'd Sabeth Fitzgibbons

A brief period of silence follows the Sermon.

Please rise as you are able.

NICENE CREED

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE

Submit your prayer request here: <https://rb.gy/erserv>

Presider

In joy and hope let us pray to God, the source of all life, saying, “Hosanna in the highest!”

Prayer leader

That our risen Savior may fill us with joy for his holy and life-giving resurrection and gratitude for the blessings *(of written-in and congregational)* and those we now name *(silence, in which the People may add their own petitions of thanksgiving)*, let us pray together.

Hosanna in the highest!

That church communities and clergy throughout the world and our Diocese—at St. Bede’s, Port Orchard; St. Paul’s, Port Townsend; and St. Luke’s, Sequim, and here at Trinity—may find fresh strength in the Easter gospel, let us pray together.

Hosanna in the highest!

That God’s spirit of grace and peace may inspire humility in all of us, that we may live fully into Jesus’ commandment to love one another, let us pray together.

Hosanna in the highest!

That, recognizing our interdependence as members of the same body of Christ, God’s spirit may empower us to see and respond to the needs of our neighbors who are unemployed, hungry, or unhoused, let us pray together.

Hosanna in the highest!

That by God's glorious power, wars, violence, human trafficking, and famine may cease through all the earth, let us pray together.

Hosanna in the highest!

That the light of God's presence may be revealed to those who are sick in body, mind, and spirit, remembering (*parish prayer list and write-ins*) and those we name now, that they may be comforted and strengthened (*silence, in which the People may add their own petitions*), let us pray together.

Hosanna in the highest!

That, according to Christ's promises, all who have died in the faith of the resurrection may be raised on the last day, remembering (*parish prayer list and write-ins*) and those we now name (*silence, in which the People may add their own petitions for those who have died*), let us pray together.

Hosanna in the highest!

That the fire of the Holy Spirit may enliven all God's holy people to bear faithful witness to Jesus' resurrection, let us pray together.

Hosanna in the highest!

Presider

Blessed are you, O Lord our God, who sent your Son into the world through the womb of Mary. We give thanks and pray for all mothers: for our own mothers, those living and those who have died; for mothers who loved us and for those who fell short of loving us fully; for all who hope to be mothers someday and for those whose dream to have children has gone unfulfilled; for all mothers who have lost children and pregnancies; for all who have mothered others in any way; for the earth that bore us and provides for our sustenance. Hear our prayers for all your creation, offered with faith in your healing and saving grace made known to us through Jesus Christ our Savior. **Amen.**

PEACE

Christ descended to death and hell, passed through doors locked by fear to breathe the Spirit of peace and make us one humanity; nothing can now separate us from the love of God. The peace of Christ be always with you.

And also with you.

Please greet one another in the name of Jesus Christ.

LITURGY OF THE TABLE

Please be seated while the table is prepared.

OFFERTORY

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

You may make an offering at any time, before, during or after the conclusion of the service using our “Virtual offering Plate” (<https://onrealm.org/TrinitySeattle/give/now>).



To contribute via text: Text MYTPC \$25 (or any amount) to the phone number 73256. You'll receive a text message in response with your next steps. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel. Privacy Policy: <https://legal.acst.com/privacy-policy> Terms of Service: <https://legal.acst.com/terms-service-use>

OFFERTORY ANTHEM

Loving Shepherd of thy Sheep

Rutter

Loving Shepherd of thy sheep
Keep thy lamb, in safety keep;
Nothing can thy power withstand
None can pluck me from thy hand

Loving Shepherd, ever near
Teach thy lamb thy voice to hear;
Suffer not my steps to stray
From the straight and narrow way

I would bless thee every day
Gladly all thy will obey
Like thy blessed ones above
Happy in thy perfect love

Where thou leadest I would go
Walking in thy steps below
Till before my Father's throne
I shall know as I am known

OFFERTORY PRAYER

**God of mercy and compassion, your Word calls us home to faith and love.
Accept all we offer you this day; in the name of Jesus the Christ. Amen.**

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

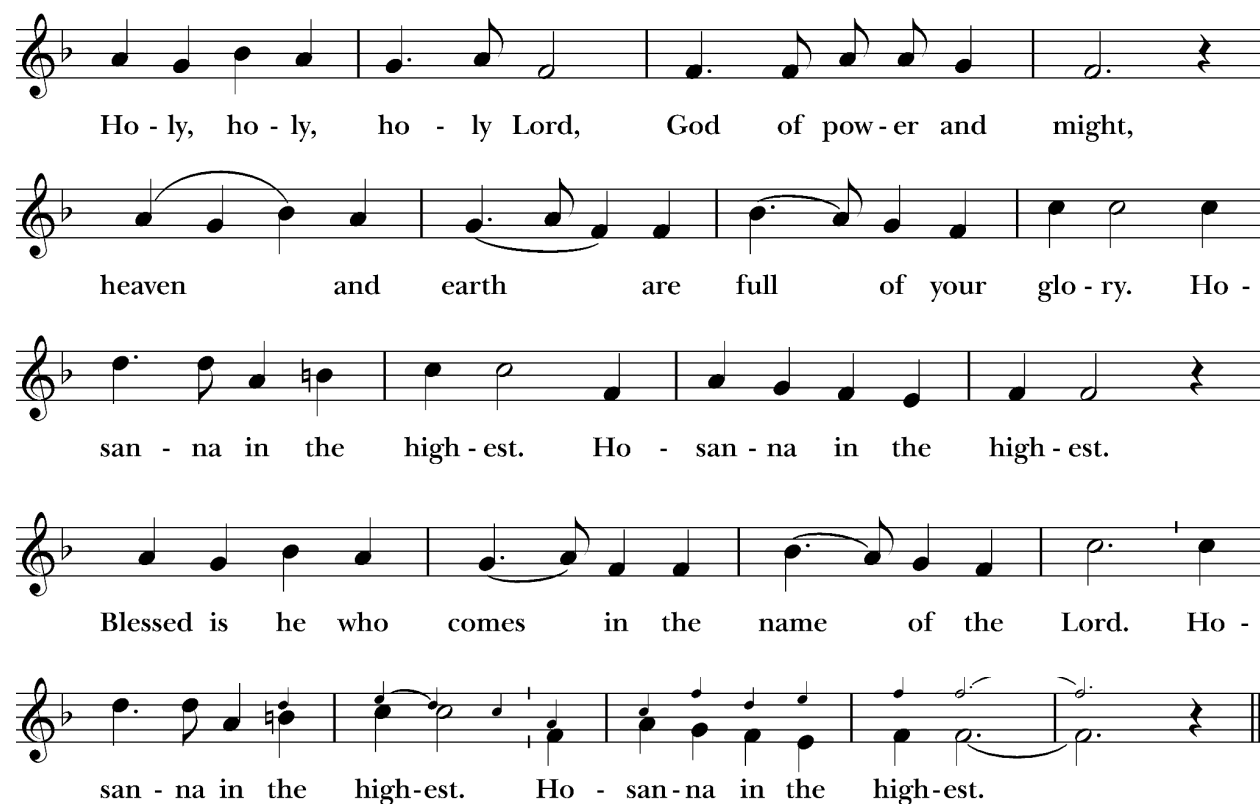
It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Redeemer; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By Christ's death he has destroyed death, and by Christ's rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

(8:00) **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

(10:30)



The musical score is written for a single voice part in G major, 4/4 time. It consists of five staves of music. The lyrics are written below the notes. The first staff contains the lyrics 'Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,'. The second staff contains 'heaven and earth are full of your glo - ry. Ho -'. The third staff contains 'san - na in the high - est. Ho - san - na in the high - est.'. The fourth staff contains 'Blessed is he who comes in the name of the Lord. Ho -'. The fifth staff contains 'san - na in the high - est. Ho - san - na in the high - est.'.

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

Hymnal 1982 #S-125

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with Mary the mother of Jesus and all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

THE BREAKING OF THE BREAD

(8:00)

Alleluia. Christ our Passover is sacrificed for us.

Therefore let us keep the feast. Alleluia.

(10:30)

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Hymnal 1982 #S-154

For those participating remotely at 10:30am, please join us in spiritual communion by praying from wherever you are:

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

INVITATION AND COMMUNION

The Gifts of God for the People of God.

All who seek God are welcome at Christ's Table.

- *Gluten-free wafers are available by request.*
- *Hold out your hand to receive the bread and then eat.*
- *Guide the chalice of wine to your mouth and then drink.*
- *Intinction (dipping the bread in the wine) is not available at this time.*
- *To receive a blessing instead of the bread or wine, cross your arms over your chest.*
- *If you need communion brought to you at your seat, please notify an usher.*

COMMUNION ANTHEM

The Lamb

Tavener

Little Lamb who made thee
Dost thou know who made thee
Gave thee life & bid thee feed
By the stream & o'er the mead;
Gave thee clothing of delight
Softest clothing woolly bright;
Gave thee such a tender voice
Making all the vales rejoice!
Little Lamb who made thee
Dost thou know who made thee

Little Lamb I'll tell thee
He is called by thy name
For he calls himself a Lamb:
He is meek & he is mild
He became a little child:
I a child & thou a lamb
We are called by his name
Little Lamb God bless thee

COMMUNITY ANNOUNCEMENTS

Vestry Person of the Week

Please rise as you are able.

POST COMMUNION PRAYER

Eternal God, **you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his**

Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.


EASTER BLESSING

May the living God remove the suffocating shroud that lies upon our world;
 May the risen Savior draw the sting of death bringing all to life in him;
 May the infinite Spirit set us and all creation free and seal our hearts with faith;
 And the blessing of God, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**


HYMN (10:30)

Give thanks for life


Sine nomine




1. Give thanks for life, the meas - ure of our days,
 2. Give thanks for those who made their life a light
 3. And for our own, our liv - ing and our dead,
 4. Give thanks for hope, that like the wheat, the grain



mor - tal, we pass through beau - ty that de - cays, yet
 caught from the Christ flame burst - ing through the night, who
 thanks for the love by which our life is fed, a
 ly - ing in dark - ness does its life re - tain, in



sing to God our hope, our love, our praise,
 touched the truth, who burned for what is right,
 love not changed by time or death or dread, } Al -
 res - ur - rec - tion to grow green a - gain.



le - lu - ia, Al - le - lu - ia!

Words: Shirley Erena Murray (b. 1931). Music: *Sine nomine*, Ralph Vaughan Williams (1872-1958); arr. Robert Roth (b. 1928).

Wonder Love and Praise #775

DISMISSAL

Go in peace to love and serve the Lord, alleluia, alleluia!

Thanks be to God, alleluia, alleluia!

POSTLUDE

Trumpet Tune in G

David Johnson

CITATIONS & PERMISSIONS

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Hymn Tune Psalter, Revised Common Lectionary Edition 2007 by Carl P. Daw. Church Publishing.

Prayer for Spiritual Communion from *St Augustine's Prayer Book*, Forward Movement, 2014.

MINISTERS OF THE SERVICE

8:00AM

Acolyte: Ronald Johnson

Lector: Melissa Wood

Intercessor: Mary Montgomery

Eucharistic Minister: Ronald Johnson

Usher: Betsy Severtsen

BOTH SERVICES

Presider: the Rev. Sabeth Fitzgibbons

Preacher & Assisting Lay Minister: Mirabella

Maeve Wyatt

Vestry Person of the Week: William Pearson

10:30AM

Acolyte: Austin Matthews

Lectors: De Lise Hartzell, Eugene Webb

Intercessor: Marilyn Scott-Knutson

Eucharistic Ministers: Cindy Johnson-Garnett,

Marvin Taylor

Usher: Dick Willy

Cantor: Markdavin Obenza

Livestream: Kyle McCaffery

Organist: L. James Middaugh

Director of Music: Markdavin Obenza

TRINITY CHIMES: NEWS & ANNOUNCEMENTS

HAPPENING THIS WEEK

Coffee Hour After Both Worship Services

Please join us in the Parish Hall (across the courtyard) for coffee and conversation.

Bookmarks! (Now on 2nd Sundays!)

TODAY May 11 at 12:15PM in the Trinity Library

You are invited to join today's discussion of Robin Wall Kimmerer's *The Serviceberry: Abundance and Reciprocity in the Natural World*. Bookmarks! is open to all (whether or not you've read the book).

Episcopal 101: *Walk in Love: Episcopal Beliefs & Practices* Begins TODAY

Sundays, May 11 & 18, June 1, 8, & 15 at 11:45AM in the Upstairs Vestry Room

No matter how long you've been hanging around Episcopalians, you're guaranteed to learn something new!! Dr. Mirabella Maeve Wyatt guides us through a 5-session class that is perfect for anyone who wants to learn more or refresh their knowledge about The Episcopal Church. The class includes anecdotal instruction, videos, and discussion based on the book of the same title (by Scott Gunn and Melody Shobe). Copies of the book will be available, but not necessary for class participation.

Beyond the Bridge: A Solution to Homelessness - Free Documentary Screening

Tuesday, May 13 at 6:00pm in the Great Hall at Town Hall Seattle

A Bigger Vision Films offers an ambitious documentary film about solutions to homelessness. The film crew drove over 40,000 miles to visit 12 cities and dozens of service providers, those with lived experience and policy makers to answer this question: ***How can this country solve homelessness in a comprehensive way?***

This FREE screening is in collaboration with the City of Seattle, Downtown Emergency Service Center, King County, Plymouth Housing, King County Regional Homelessness Authority, Seattle/King County Coalition on Homelessness and Together Films. Following the film screening, we'll be joined by local and statewide advocates and experts for a panel conversation and Q&A.

Free tickets & more info at <https://townhallseattle.org/event/beyond-the-bridge/>.

The Fierce Nonviolence Pilgrimage for Young Adults (ages 21-35)

Thursday, May 15: First Priority Application Deadline (Trip is July 28 - August 7)

An immersion program for young adults wishing to gain experience and training in the spirituality and practices of nonviolent social change in the lineage of Jesus of Nazareth, Mahatma Gandhi, and Martin Luther King, Jr.: fiercenonviolence.org.

Weekly AA Meetings at Trinity

- ***Beautiful Individuals - Sundays at 7:00PM*** - An AA meeting specifically for women, trans, and non-binary individuals who are working the steps.
- ***TANBIR - Thursdays at 8:00PM*** - The Trans And Non-Binary In Recovery AA group is an open meeting.
- ***Live and Let Live - Fridays at 8:00PM*** - An open AA meeting that welcomes LGBTQ+ participants.

MORE EVENTS AND ANNOUNCEMENTS

Trinity Vestry Meeting

Sunday, May 18 at 12:30PM in the Upstairs Vestry Room & on Zoom

Regular Vestry (leadership council) meetings are open to all members of the Trinity congregation. The Zoom link is <https://tinyurl.com/3bn6k467>.

Updates from **April 27** regular meeting of the Vestry:

- The Vestry signed a **letter of support** for Tina Francis Mutungu's application for candidacy to the priesthood. Tina currently attends Seminary of the Southwest.
- **De-Escalation training** is being scheduled with a trainer who is skilled at working with unhoused and mentally ill folx. See below for more information.
- Junior Warden Betsy Severtsen announced that a design/build **contractor has been selected** for the HVAC system project funded by the City of Seattle.

Forum on Public Health & Public Safety

*Monday, May 19 at 6:00PM at Town Hall, The Wyncote NW Forum, 1119 8th Ave
Cost: \$5-\$35 Sliding Scale (if cost is a barrier, please contact Town Hall)*

Town Hall Seattle and **First Hill Improvement Association (FHIA)** present an in-depth look at the intersection of public health and public safety in our neighborhood and beyond. Hear from government officials in a moderated panel discussion to learn about the state of our public health crises, and how the city and county are working on solutions to improve safety and community well-being for all. More information, submit a question for the panel, and tickets: <https://townhallseattle.org/event/forum-on-public-health-public-safety/>

De-Escalation Training + Q&A

Wednesday, May 28 at 3:00PM in the Parish Hall and on Zoom

Zoom link: <https://tinyurl.com/55dw6ryh>

Trinity will host a De-Escalation Training for all interested staff, leaders, volunteers, and community members who would like to learn more about how to be a calming presence when people get agitated and loud, and some simple techniques to better support an individual who may be in crisis. Time for Q&A will be included following the training.

Convene 2025 (This event is FREE)

Saturday, May 31, 8:30AM - 4:00PM at Everett Community College

Connect, Learn, and Convene with churches throughout the Diocese for a day of worship, exhibitors, lunch, workshops, and a plenary from the bishop. We'll honor the abundance of wisdom and gifts in our congregations as we learn from one another. Convene 2025 is for anyone who wants to connect with others over ways to strengthen our congregations: <https://ecww.org/convene/>.

Spring Litter Pickup: Beautifying Our Neighborhood (1st Sundays)

Sunday, June 1, 9:00AM to 10:30AM, between services

Trinity hosts neighborhood clean-ups and welcomes all volunteers! Supplies (vests, grabbers, etc.) provided. Close-toed shoes recommended.

Compline Resumes in the Fall

Our 1st Thursday Compline series takes a summer break, resuming in October.

Connect with us:

*Go to <https://tinyurl.com/TrinityeNews> to **sign up for our weekly Chimes newsletter** to get more details on upcoming events at Trinity.*

www.trinityseattle.org **Facebook:** seattletrinity **YouTube:** @trinityparishseattle