



# TRINITY

EPISCOPAL  
PARISH  
SEATTLE

609 8th Ave Seattle, WA 98104 | [www.trinityseattle.org](http://www.trinityseattle.org) | 206-624-5337

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SECOND SUNDAY AFTER THE EPIPHANY

## Holy Eucharist

January 18, 2026, at 8:00am and 10:30am



Welcome to Trinity!

Trinity is an open and affirming congregation, where we believe every person is created in God's image and all creation is sacred. Our deep values are **Diversity** and **Inclusion**, **Community**, **Engaging our Neighbors**, and **Sacred Place, Holy Space**.

*The 10:30am service is being broadcast and recorded. By attending, you consent to your likeness and voice being broadcast, recorded, and published on the Internet and telephone broadcast system.*

Whether you are joining us in person or livestream, we are so glad you are here to worship with us on this holy day.

*We acknowledge that we worship on the unceded ancestral land of the Duwamish People past and present, the first people of Seattle, and we honor with gratitude the land itself and the Duwamish Tribe, to whom we pay Real Rent.*

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## LITURGY OF THE WORD

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### PRELUDE

### WELCOME

*Please rise as you are able.*

### HYMN (10:30)

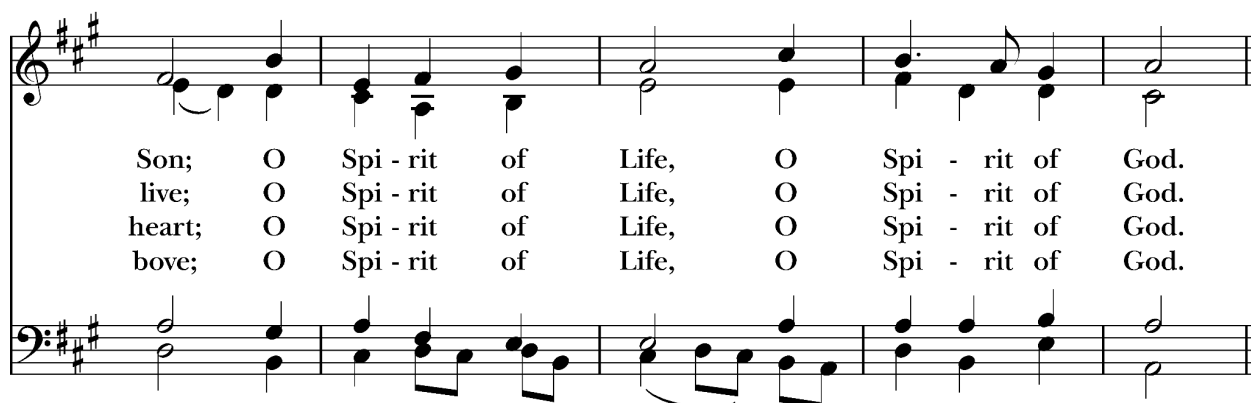
O Spirit of Life, O Spirit of God

O heiliger Geist

1 O Spi - rit of Life, O Spi - rit of God, in  
2 O Spi - rit of Life, O Spi - rit of God, in -  
3 O Spi - rit of Life, O Spi - rit of God, make  
4 O Spi - rit of Life, O Spi - rit of God, en -

ev - ery need thou bring - est aid; thou com - est  
crease our faith in our dear Lord; un - less thy  
us to love thy sa - cred word; the ho - ly  
light - en us by that same word; teach us to

forth from God's great throne, from God, the Fa - ther and the  
grace the power should give, none can be - lieve in Christ and  
flame of love im - part, that char - i - ty may warm each  
know the Fa - ther's love, and his dear Son, who reigns a -



Words: Johann Niedling (1602-1668); tr. John Caspar Mattes (1876-1948), alt. Reprinted by permission from *The Common Service Book of the Lutheran Church*, Copyright © 1917 and 1918 by The United Lutheran Church of America, a predecessor of the Lutheran Church in America. Music: *O heiliger Geist*, melody from *Geistliche Kirchengesang*, 1623; harm. Johann Sebastian Bach (1685-1750); arr. Alastair Cassels-Brown (b. 1927). Harmonization Copyright © by The Church Pension Fund.

*Hymnal 1982 #505*

## OPENING SENTENCES

Blessed be God: holy, glorious, and undivided Trinity.

**And blessed be God's reign, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## GLORIA

(8:00)

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father, we worship you,  
we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**

**Lord God, Lamb of God, you take away the sin of the world:  
have mercy on us;**

**you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,**

**you alone are the Most High,**

**Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

(10:30)

Rutter

1. Glo - ry to you, Lord

God of our fa - thers; you are wor - thy of praise;

glo - ry to you. 2. Glo - ry to you

— for the ra - di - ance of your ho - ly Name; we will

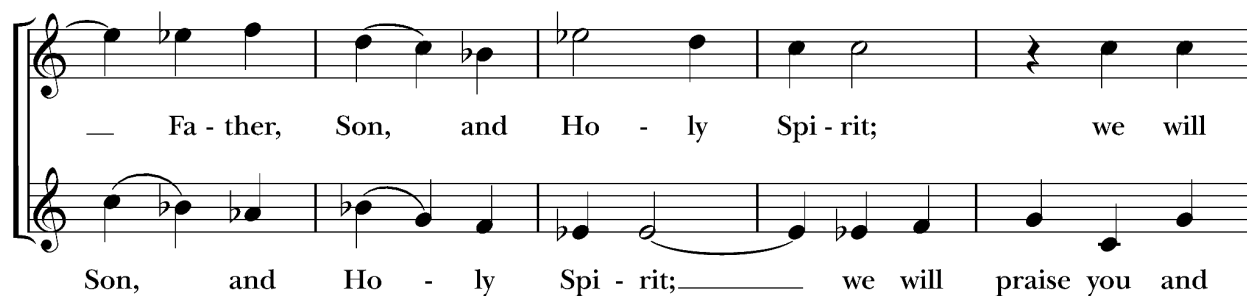
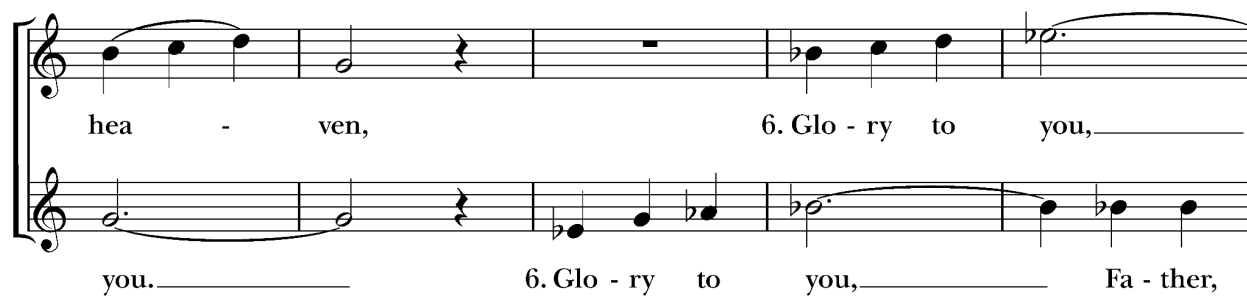
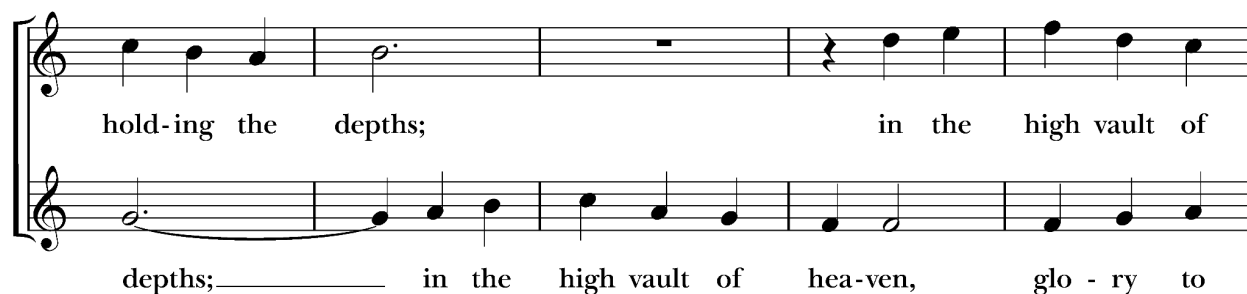
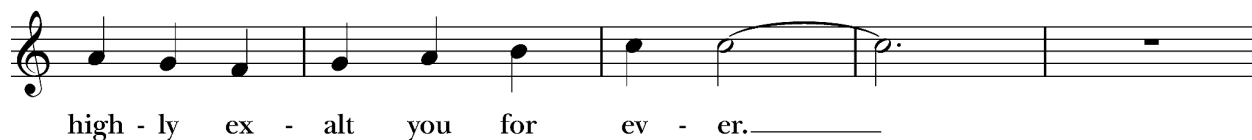
praise you and high - ly ex - alt you for ev - er.

3. Glo - ry to you in the splen - dor of your

tem - ple; on the throne of your ma - jes - ty, glo - ry to

you. 4. Glo - ry to you, seat - ed bet -

ween the Cher - u - bim; we will praise you and





Music: John Rutter (b. 1945). Copyright © 1985 Oxford University Press, Inc.

*Hymnal 1982 #S-236*

## COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshipped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. **Amen.**

*Please be seated.*

## READING FROM HEBREW SCRIPTURE

Isaiah 49:1-7

Listen to me, O coastlands, pay attention, you peoples from far away! The Lord called me before I was born, while I was in my mother's womb he named me. He made my mouth like a sharp sword, in the shadow of his hand he hid me; he made me a polished arrow, in his quiver he hid me away. And he said to me, "You are my servant, Israel, in whom I will be glorified." But I said, "I have labored in vain, I have spent my strength for nothing and vanity; yet surely my cause is with the Lord, and my reward with my God." And now the Lord says, who formed me in the womb to be his servant, to bring Jacob back to him, and that Israel might be gathered to him, for I am honored in the sight of the Lord, and my God has become my strength--he says, "It is too light a thing that you should be my servant to raise up the tribes of Jacob and to restore the survivors of Israel; I will give you as a light to the nations, that my salvation may reach to the end of the earth." Thus says the Lord, the Redeemer of Israel and his Holy One, to one deeply despised, abhorred by the nations, the slave of rulers, "Kings shall see and stand up, princes, and they shall prostrate themselves, because of the Lord, who is faithful, the Holy One of Israel, who has chosen you."

The Word of the Lord. / **Thanks be to God.**

## ANTIPHON

Psalm 40: 8b, 9b



- 1 I waited patiently upon the Lord; \*  
     he stooped to me and heard my cry.
- [2 He lifted me out of the desolate pit, out of the mire and clay; \*  
     he set my feet upon a high cliff and made my footing sure.]
- 3 He put a new song in my mouth, a song of praise to our God; \*  
     many shall see, and stand in awe, and put their trust in the Lord.
- Antiphon*
- [4 Happy are they who trust in the Lord! \*  
     they do not resort to evil spirits or turn to false gods.
- 5 Great things are they that you have done, O Lord my God! how great your  
 wonders and your plans for us! \*  
     there is none who can be compared with you.
- 6 Oh, that I could make them known and tell them! \*  
     but they are more than I can count.]
- 7 In sacrifice and offering you take no pleasure \*  
     (you have given me ears to hear you);
- 8 Burnt-offering and sin-offering you have not required, \*  
     and so I said, "Behold, I come. *Antiphon*
- 9 In the roll of the book it is written concerning me: \*  
     'I love to do your will, O my God; your law is deep in my heart.'
- 10 I proclaimed righteousness in the great congregation; \*  
     behold, I did not restrain my lips; and that, O Lord, you know.
- Antiphon*
- [11 Your righteousness have I not hidden in my heart; I have spoken of your  
 faithfulness and your deliverance; \*  
     I have not concealed your love and faithfulness from the great  
 congregation.
- 12 You are the Lord; do not withhold your compassion from me; \*  
     let your love and your faithfulness keep me safe for ever.]
- [Omitted in the Ionian Psalter]

## READING FROM THE EPISTLES

1 Corinthians 1:1-9

Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes, To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours: Grace to you and peace from God our Father and the Lord Jesus Christ. I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind-- just as the testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

‘The Word of the Lord.

**Thanks be to God.**

*Please rise as you are able.*

**HYMN (10:30)** How wondrous and great thy works, God of praise! Old 104th

The musical score is written for two voices, Soprano and Bass, in a two-part setting. The key signature has one flat (B-flat), and the time signature is common time (C). The melody is simple and hymn-like, with a range of approximately one octave. The lyrics are printed below the notes, with two verses indicated by the numbers 1 and 2. The first verse ends with 'praise!' and the second with 'shown;'. The second system of the hymn continues the melody and lyrics, ending with 'ways!' and 'throne;'. The notation includes treble and bass clefs, a key signature of one flat, and common time. The lyrics are: 1 How won - drous and great thy works, God of praise! 2 To na - tions of earth thy light shall be shown; How just, King of saints, and true are thy ways! their wor - ship and vows shall come to thy throne;



O thou who shall not fear thee, and thy Name?  
thy truth and thy judgments shall spread all a - broad,

Thou on - ly art ho - ly, thou on - ly su - preme.  
till earth's ev - ery peo - ple con - fess thee their God.

Words: Henry Ustick Onderdonk (1759-1858), alt.; para. *The Song of the Redeemed*. Music: *Old 104th*, melody from *The Whole Booke of Psalmes*, 1621; harm. *Hymnal 1982*. Copyright © The Church Pension Fund.

*Hymnal 1982 #532*

## GOSPEL READING

John 1:29-42

The Holy Gospel of our Savior Jesus Christ according to John.

**Glory to you, Lord Christ.**

John saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." And John testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God." The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he

was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter).

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*Please be seated.*

**SERMON**

Rev'd Andrew Cooley

"Be Still and Know that I am God". Psalm 46:11.

*A brief period of silence follows the Sermon.*

*Please rise as you are able.*

**NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God, begotten, not made,  
of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come.**

**Amen.**

## **PRAYERS OF THE PEOPLE**

*Submit your prayer request here: <https://rb.gy/erserv>*

*Presider*

Clothed in the beauty of Christ, let us approach the Lord with prayers for all peoples.

*Prayer Leader*

With gratitude for all our blessings, individually and as a community of faith, we offer our prayers of thanksgiving *[for write-in petitions]* and for those blessings we name now, silently or aloud. *Silence.*

Light of the world,

**hear our prayer.**

For all the holy people of God in this congregation, around the diocese and the world. For the people and ministries of *[Diocesan cycle of prayer]*. For Nathan our postulant, and Tina ordained to the diaconate. For all deacons and priests, military and healthcare chaplains, Andrew our supply priest, and Sabeth our Rector. For Phil our bishop and Sean our presiding bishop. For everyone of us who minister in Christ and all who love God.

Light of the world,

**hear our prayer.**

For this country, for all nations and their leaders. For our sisters at WHEEL, and for the Duwamish Tribe and all Coast Salish-speaking peoples. For our city and neighborhood, that together we may break down barriers of oppression and scarcity.

Light of the world,

**hear our prayer.**

For all those in danger and need. For our friends and neighbors who are hungry, without a permanent home, or unemployed. For those who serve in the military and their families. For refugees and prisoners, and their families. For those who

live with addiction, and those who are sick, remembering [*prayer list and write-ins, and*] those we now name, silently or aloud. *Silence.*

Light of the world,

**hear our prayer.**

For the dying and the dead, and for those who love them, remembering [*prayer list and write-ins, and*] those we now name, silently or aloud. *Silence.*

Light of the world,

**hear our prayer.**

For ourselves, our families, friends, and companions on the way, and all those whom we love.

Light of the world,

**hear our prayer.**

**God of Creation, whose Son wandered in the desert for 40 days and whose Spirit bestows unexpected blessings, during this time of sabbatical, enliven us with reflection and renewal, guide our leaders with wisdom and fortitude, and inspire our hearts towards love, this we pray through the one, holy, and blessed Trinity. Amen.**

*Presider*

Blessed are you, God of light eternal. Hear our prayers for all peoples and let your glory shine through us, that our lives may proclaim your goodness and our works give you honor; through Jesus the Christ. **Amen.**

We pray to you also for the forgiveness of our sins. *Silence.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

**ABSOLUTION**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## BLESSINGS AND CELEBRATIONS

### PEACE

The peace of the Lord be always with you.

**And also with you.**

*Please greet one another in the name of Jesus Christ.*

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## LITURGY OF THE TABLE

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*Please be seated while the table is prepared.*

### OFFERTORY

Ascribe to the Lord the honor due his Name; bring offerings and come into his courts. (*Psalm 96:8*)

*You may make an offering at any time, before, during or after the conclusion of the service using our “Virtual offering Plate”*  
(<https://onrealm.org/TrinitySeattle/give/now>).



*To contribute via text: Text MYTPC \$25 (or any amount) to the phone number 73256. You'll receive a text message in response with your next steps. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel. Privacy Policy: <https://legal.acst.com/privacy-policy> Terms of Service: <https://legal.acst.com/terms-service-use>*

### OFFERTORY MUSIC

The Lamb

Tavener

Little Lamb, who made thee? Dost thou know who made thee? Gave thee life, and bid thee feed, By the stream and o'er the mead; Gave thee clothing of delight, Softest clothing, woolly, bright; Gave thee such a tender voice, Making all the vales rejoice? Little Lamb, who made thee? Dost thou know who made thee?

Little Lamb, I'll tell thee, Little Lamb, I'll tell thee: He is called by thy name, For He calls Himself a Lamb. He is meek, and He is mild; He became a little child. I a child, and thou a lamb, We are called by His name. Little Lamb, God bless thee! Little Lamb, God bless thee!.

*Please rise as you are able as the monetary offerings are brought to the altar*

### OFFERTORY PRAYER

**God of mercy and compassion, your Word calls us home to faith and love.  
Accept all we offer you this day; in the name of Jesus the Christ. Amen.**

### THE GREAT THANKSGIVING

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*(8:00)*

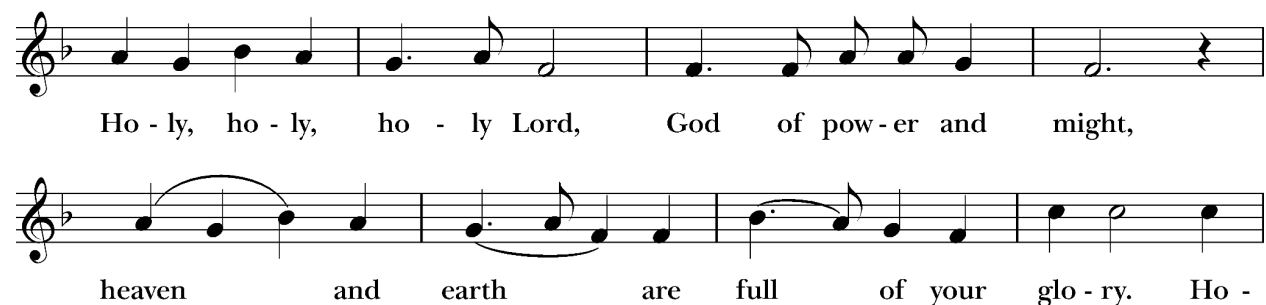
**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

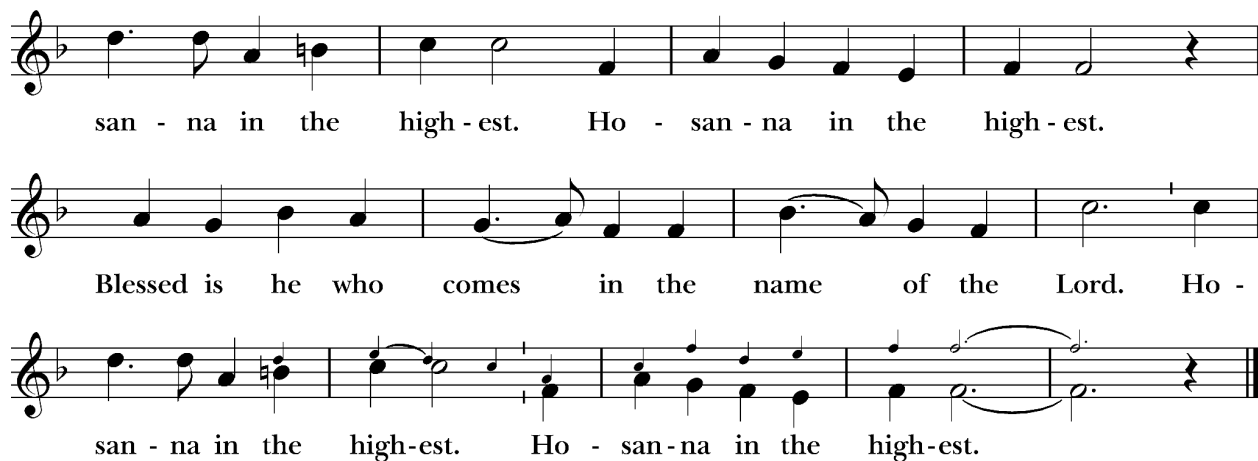
**Hosanna in the highest.**

*(10:30)*



The musical notation is written on two staves in G major (one sharp) and 4/4 time. The first staff contains the melody for the first line of the hymn, and the second staff contains the melody for the second line. The lyrics are written below the notes.

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -



*Hymnal 1982 #S-125*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh. For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember Christ's death,**

**We proclaim Christ's resurrection,**

**We await Christ's coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen.**

#### **THE LORD'S PRAYER**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*The Presider breaks the consecrated bread. A period of silence is kept.*

#### **FRACTION ANTHEM**

*(8:00)*

Jesus, Lamb of God: **have mercy on us.**

Jesus, bearer of our sins: **have mercy on us.**

Jesus, redeemer of the world: **give us your peace.**



(10:30)

Je - sus, Lamb of God: have mer - cy on us.

The first system of the hymn features a treble and bass staff in G major (one sharp). The melody is in the treble staff, and the bass staff provides a harmonic accompaniment. The lyrics are: "Je - sus, Lamb of God: have mer - cy on us."

Je - sus, bear - er of our sins: have mer - cy on us.

The second system continues the melody and accompaniment. The lyrics are: "Je - sus, bear - er of our sins: have mer - cy on us."

Je - sus, re - deem - er, re - deem - er of the world:

The third system continues the melody and accompaniment. The lyrics are: "Je - sus, re - deem - er, re - deem - er of the world:"

give us your peace, give us your peace.

The fourth system concludes the hymn with a double bar line. The lyrics are: "give us your peace, give us your peace."

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

*Hymnal 1982 #S-164*

**For those participating remotely at 10:30am,** please join us in spiritual communion by praying from wherever you are:

O Christ, I believe that You are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

## INVITATION AND COMMUNION

Come, The table of bread and wine has now been made ready,  
It is the table of company with Jesus and all those who love him.  
It is the table of sharing with the poor and outcasts;  
    those with whom Jesus identified himself.  
It is the table of communion with the earth in which Christ became incarnate.

So, come to this table:  
You who have much faith  
    and you who would like to have more;  
You who have been to this sacrament often,  
    and you who have not been for a long time;  
You who have tried to follow Jesus,  
    and you who have failed.  
Come. **It is Christ who invites us to meet him here.**

*All who seek God are welcome at Christ's Table.*

- *Gluten-free wafers are available; simply ask for one at the time of communion.*
- *Hold out your hand to receive the bread and then eat.*
- *Guide the chalice of wine to your mouth and then drink. Intinction (dipping the bread in the wine) is not available at this time.*
- *To receive a blessing instead of the bread or wine, cross your arms over your chest.*
- *If you need communion brought to you at your seat, please notify an usher.*

**COMMUNION ANTHEM** These are they which follow the Lamb

Goss

These are they which follow the Lamb whithersoever He goeth. These were redeemed from among men, being the first-fruits unto God and to the Lamb. And in their mouth was found no guile: for they are without fault before the throne of God.

## COMMUNITY ANNOUNCEMENTS

### POST-COMMUNION PRAYER

**Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.**

### BLESSING

May our wondrous God who formed you and called you to be a servant put a new song in your mouth and send you as a light to the nations.

May you come and see Christ the Lamb of God who takes away the sin of the world; may you follow him and bring others into his friendship.

May you be enriched by the Holy Spirit in speech and knowledge of every kind, not lacking in any spiritual gift.

May God the holy, glorious, and undivided Trinity bless you and keep you, now and for ever. **Amen.**

## HYMN

## Jesus calls us o'er the tumult

## Restoration

*Unison or harmony*

1 Je - sus calls us; o'er the tu - mult  
 2 as, of old, Saint An - drew heard it  
 3 Je - sus calls us from the wor - ship  
 4 In our joys and in our sor - rows,  
 5 Je - sus calls us! By thy mer - cies,

1 of our life's wild, rest - less sea, day by day his  
 2 by the Gal - i - le - an lake, turned from home and  
 3 of the vain world's gold - en store; from each i - dol  
 4 days of toil and hours of ease, still he calls, in  
 5 Sa - vior, make us hear thy call, give our hearts to

1 clear voice sound - eth, say - ing, "Chris - tian, fol - low me;"  
 2 toil and kin - dred, leav - ing all for his dear sake.  
 3 that would keep us, say - ing, "Chris - tian, love me more."  
 4 cares and plea - sures, "Chris - tian, love me more than these."  
 5 thine o - be - dience, serve and love thee best of all.

Words: Cecil Frances Alexander (1818-1895), alt. Music: *Restoration*, melody from *The Southern Harmony*, 1835; harm. Hymnal 1982, after *The Southern Harmony*, 1985; alt. harm. Margart W. Mealy (b. 1922).

*Hymnal 1982 #550*

## DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit.

**Thanks be to God.**

## POSTLUDE

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### CITATIONS & PERMISSIONS

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### MINISTERS OF THE SERVICE

#### 8:00

Acolyte: Ronald Johnson

Lector: Cyndi Wolfe

Intercessor: Mary Montgomery

Eucharistic Minister: Ronald Johnson

Usher: Betsy Severtsen

#### Both Services

Vestry Person of the Week: Caleb Triche

Presider & Preacher: the Rev. Andrew Cooley

#### 10:30

Acolyte: Austin Matthews

Lectors: Eugene Webb, Susan Secor

Intercessor: Leslie Bourgoin

Eucharistic Ministers: Cindy Johnson-Garnett,

Marvin Taylor

Usher: Caleb Triche

Organist: James Middaugh

Music Director: Markdavin Obenza

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**TRINITY VESTRY:** Mary Johnstone (Senior Warden), Betsy Severtsen (Junior Warden), Richard Greene (Treasurer), William Pearson, Joshua Sheppard, Hillary St. John, Caleb Triche

**SABBATICAL LEADERSHIP TEAM (SaLT):** Leslie Bourgoin, Mary Johnstone, Carl McNabb, Kristy Messler, Margaret Obenza, Betsy Severtsen

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## TRINITY CHIMES: NEWS & ANNOUNCEMENTS

### HAPPENING THIS WEEK

#### Coffee Hour *(after both services)*

Please join us in the Parish Hall (across the courtyard) for coffee and conversation.

#### Community Lunch (3rd Sundays) - *All hungry humans are invited to eat!*

*TODAY, at 11:45am in the Parish Hall*

Everyone is welcome to join us for lunch, after the 10:30 service, as we host a FREE hot meal for our community and neighbors.

## **Caring Community**

*TODAY, at 12:30PM in the Office Work Room*

The Caring Community meets following the Community Lunch for fellowship, a small service project, and the prayers that are on our hearts.

## **Weekly AA Meetings at Trinity**

- ***TANBIR - Thursdays at 8:00PM***

The Trans And Non-Binary In Recovery AA group is an open meeting.

- ***Live and Let Live - Fridays at 8:00PM***

An open AA meeting that welcomes LGBTQ+ participants.

## **MORE PARISH EVENTS AND ANNOUNCEMENTS**

### **Annual Reports Due from Ministry and Group Leaders**

*Please submit by Friday, January 23 to Kristy at [office@trinityseattle.org](mailto:office@trinityseattle.org).*

In preparation for Trinity's upcoming Annual Meeting, we are collecting reports on the year 2025 from all ministry and group leaders. Here are a few prompts to guide you in preparing your report:

- *What is your Ministry/Group Purpose (1 sentence)*
- *Up to three positive, exciting, or life-giving ways this ministry contributed to Trinity's and/or our neighbor's thriving in 2025*
- *One exciting/hopeful/life-giving thing this ministry will do in 2026*
- *Who to contact to get involved*
- *Feel free to share photos of this ministry (optional)*

### **ONE Service, Annual Meeting, and Parish Lunch**

*Sunday, February 1 at 10:30am*

We gather as one Trinity Community for worship at 10:30am followed by our Annual Meeting of the Parish and lunch. We'll elect representation to diocesan convention and other congregational leadership, hear a summary of the parish's financial status, and talk together about our dreams for our life and ministry in 2026 and beyond.

### **Trinity Vestry Meeting (Leadership Council)**

*Sunday, January 25 at 12:30pm in the Vestry Room and on Zoom*

Regular Vestry meetings are open to all members of the congregation. Zoom link: <https://tinyurl.com/TPCVestry>.

### **Invitation to Serve as an Usher/Greeter or Reader**

Would you like to support Trinity's worship leadership ministry? Please let one of our Vestry or SaLT (Sabbatical Leadership Team) members know if you'd like to serve as an usher/greeter and/or by reading the scripture lessons and prayers of the people (lector and intercessor). Or, contact Kristy at [office@trinityseattle.org](mailto:office@trinityseattle.org) for more information about these or other ministry opportunities.

### **Tell Out My Soul Promises to Support Trinity in 2026**

If you haven't already made your Tell Out My Soul promise for 2026 you can still do so. Promise cards are available in the church or office, or you can record your promise online: <https://onrealm.org/TrinitySeattle/-/form/pledge/telloutmysoul>. Our goal is for every member of our Trinity community to make a commitment to share their wisdom, wealth, and/or works with Trinity in 2026.

### **Compline Service**

*Thursdays, 2/5, 3/5, 5/7 at 8:15PM to 8:45PM in the Trinity Sanctuary*

Compline is a service of prayer for the end of the day. Quiet and refresh your soul with this contemplative service of acapella chant led by the Trinity Choir.

### **Bookmarks! (2nd Sundays)**

*Sunday, February 8, at 12:15PM in the Trinity Library*

Upcoming titles we'll be discussing include *Return of the Prodigal Son*, by Henri Nouwen (February), and *Prophetic Imagination*, by Walter Brueggemann (March). All are welcome to join in the discussion, whether you've read the book or not. We are always welcoming suggestions for other titles to read in future months.

### **Adult Formation: Baptism and Confirmation Class**

Are you interested in learning more about baptism or confirmation in the Episcopal church? Mark your calendars for this upcoming formation series led by Rev. Andrew, **beginning Sunday, February 22** after the 10:30am service.

### **Cathedral Day 2026 - A "Family Reunion" for the Diocese of Olympia**

*Saturday, April 25 at Saint Mark's Cathedral*

This year's Cathedral Day falls on the Feast of St. Mark the Evangelist. It's also the 100th anniversary of the official designation of Saint Mark's parish as the cathedral of the Diocese of Olympia, at the 1926 Diocesan Convention. More info at <https://saintmarks.org/about/cathedral-day/>.

## **Diocesan Discernment Retreat - Save the Date!**

*Saturday, April 11 at St. Stephen's Episcopal Church, Laurelhurst*

Anyone who would like to learn more about discernment in the diocese is invited to attend the next Diocesan Discernment Retreat on April 11. This includes any kind of discernment, not just holy orders. People who are currently in the discernment process (Diocesan Discerners, Postulants, etc.) are welcome to attend, but not necessary. Questions, email the Secretary to Vocations, Michael Seewer, at [mseewer@ecww.org](mailto:mseewer@ecww.org).

## **Trinity Vestry Update**

Here are some updates from the December Vestry meeting:

1. Betsy, David, and Carl met with our HVAC consultants on December 5 for a Design Feasibility Update/Review meeting. During this meeting, the design team presented the HVAC options evaluated in the feasibility study, their recommended approach—Variable Refrigerant Flow with a Dedicated Outdoor Air System (VRF with DOAS)—and the basis of design for this recommendation. While the basis of design report is fairly technical, the consultants did an excellent job explaining the approach and key design elements in lay terms, answering our questions, and gathering detailed input from us regarding the day-to-day use of the buildings and relevant assets (e.g., the piano and pipe organ). Parishioners interested in more details about these reports can reach out to Betsy (Junior Warden). The committee directed the consultants to proceed with design development and cost estimating for the recommended approach. We expect to receive an opinion of probable construction cost after the consultants complete the detailed design work in the next couple of months.
2. We have new interior elevator doors! Our elevator maintenance company will be completing some final inspection issues identified by the City and performing our 5-year full load test in the next few weeks.
3. The vestry met with members of the Asset Management Committee to discuss Trinity's investment strategy as it relates to our Guard Capital versus Diocesan Investment Fund portfolios.