



# TRINITY

EPISCOPAL  
PARISH  
SEATTLE

609 8th Ave Seattle, WA 98104 | [www.trinityseattle.org](http://www.trinityseattle.org) | 206-624-5337

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LAST SUNDAY AFTER THE EPIPHANY

## Holy Eucharist

**February 15, 2026, at 8:00am and 10:30am**



Welcome to Trinity!

Trinity is an open and affirming congregation, where we believe every person is created in God's image and all creation is sacred. Our deep values are **Diversity and Inclusion, Community, Engaging our Neighbors, and Sacred Place, Holy Space.**

*The 10:30am service is being broadcast and recorded. By attending, you consent to your likeness and voice being broadcast, recorded, and published on the Internet and telephone broadcast system.*

Whether you are joining us in person or livestream, we are so glad you are here to worship with us on this holy day.

*We acknowledge that we worship on the unceded ancestral land of the Duwamish People past and present, the first people of Seattle, and we honor with gratitude the land itself and the Duwamish Tribe, to whom we pay Real Rent.*

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## LITURGY OF THE WORD

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### PRELUDE

### WELCOME

*Please rise as you are able.*

**HYMN (vs. 1, 3, 4) (10:30)**

**Alleluia! sing to Jesus**

**Hyfrydol**



1 Al - le - lu - ia! sing to Je - sus! his the  
\*2 Al - le - lu - ia! not as or - phans are we  
3 Al - le - lu - ia! bread of Hea - ven, Thou on  
4 Al - le - lu - ia! King e - ter - nal, thee the  
\*5 Al - le - lu - ia! sing to Je - sus! his the



1 scep - ter, his the throne; Al - le - lu - ia! his the  
2 left in sor - row now; Al - le - lu - ia! he is  
3 earth our food, our stay! Al - le - lu - ia! here the  
4 Lord of lords we own: Al - le - lu - ia! born of  
5 scep - ter, his the throne; Al - le - lu - ia! his the



1 tri - umph, his the vic - to - ry a - lone; Hark! the  
2 near us, faith be - lies, nor ques - tions how: though the  
3 sin - ful flee to thee from day to day: In - ter -  
4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -  
5 tri - umph, his the vic - to - ry a - lone; Hark! the

1 songs of peace - ful Zi - on thun - der like a  
 2 cloud from sight re - ceived him, when the for - ty  
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,  
 4 in the veil hast en - tered, robed in flesh, our  
 5 songs of ho - ly Zi - on thun - der like a

1 might - y flood; Je - sus out of ev - ery  
 2 days were o'er, shall our hearts for - get his  
 3 plead for me, where the songs of all the  
 4 great High Priest: thou on earth both Priest and  
 5 might - y flood; Je - sus out of ev - ery

1 na - tion hath re - deemed us by his blood.  
 2 prom - ise, "I am with you ev - er - more"?  
 3 sin - less sweep a - cross the crys - tal sea.  
 4 Vic - tim in the eu - cha - ris - tic feast.  
 5 na - nation hath re - deemed us by his blood.

Words: William Chatterton Dix (1837-1898). Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887).

*Hymnal 1982 #460*

## OPENING SENTENCES

Blessed be God: holy, glorious, and undivided Trinity.

**And blessed be God's reign, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

## GLORIA

(8:00)

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father, we worship you,  
we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**

**Lord God, Lamb of God, you take away the sin of the world:  
have mercy on us;**

**you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,**

**you alone are the Most High,**

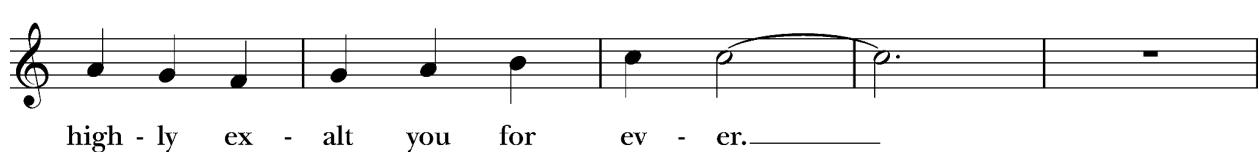
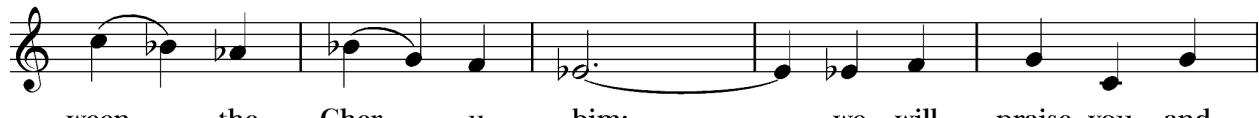
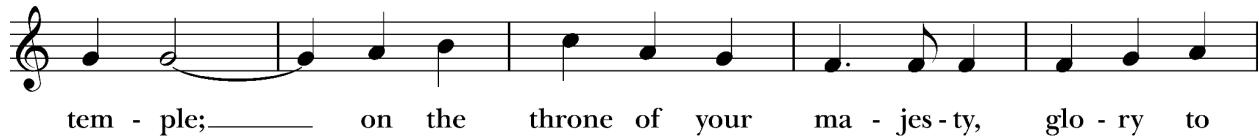
**Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

(10:30)

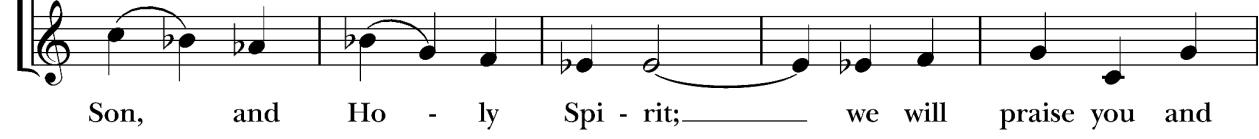
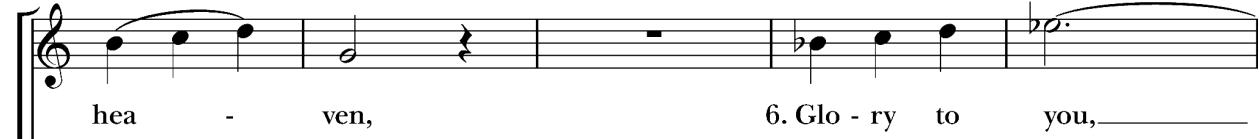
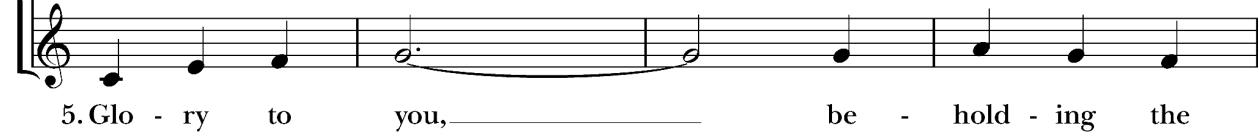
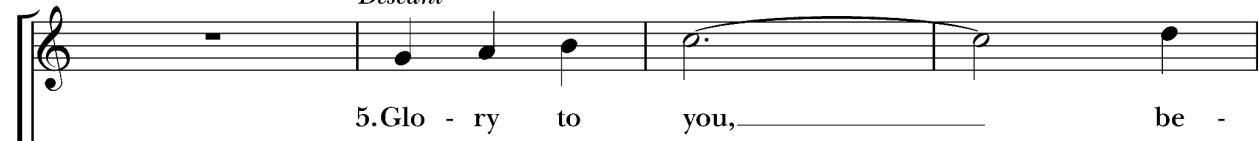
Rutter



1. Glo - ry to you, \_\_\_\_\_ Lord  
God of our fa - thers; \_\_\_\_\_ you are wor - thy of praise;  
glo - ry to you. \_\_\_\_\_ 2. Glo - ry to you  
for the ra - diance of your ho - ly Name; \_\_\_\_\_ we will  
praise you and high - ly ex - alt you for ev - er. \_\_\_\_\_  
3. Glo - ry to you \_\_\_\_\_ in the splen - dor of your



*Descant*



high-ly ex - alt you Glo - ry to you! \_\_\_\_\_  
 high-ly ex - alt you for ev - er.

Music: John Rutter (b. 1945). Copyright © 1985 Oxford University Press, Inc.

*Hymnal 1982 #S-236*

### COLLECT OF THE DAY

The Lord be with you.

**And also with you.**

Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated.*

### READING FROM HEBREW SCRIPTURE

Exodus 24:12-18

The Lord said to Moses, “Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.” So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, “Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.” Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

The Word of the Lord.

**Thanks be to God.**

## ANTIPHON

Psalm 2: 7b  
 Organ: *Everyone:*



You are my Son; this day have I be - got - ten you.

[1 *Why are the nations in an uproar? \**

*Why do the peoples mutter empty threats?*

2 *Why do the kings of the earth rise up in revolt, and the princes plot together, \**

*against the Lord and against his Anointed?*

3 *"Let us break their yoke," they say; \**

*"let us cast off their bonds from us."*

4 *He whose throne is in heaven is laughing; \**

*the Lord has them in derision.*

5 *Then he speaks to them in his wrath, \**

*and his rage fills them with terror.]*

6 "I myself have set my king \*

upon my holy hill of Zion."

7 Let me announce the decree of the Lord: \*

he said to me, "You are my Son; this day have I begotten you.

*Antiphon*

8 Ask of me, and I will give you the nations for your inheritance \*

and the ends of the earth for your possession.

9 You shall crush them with an iron rod \*

and shatter them like a piece of pottery." *Antiphon*

10 And now, you kings, be wise; \*

be warned, you rulers of the earth.

11 Submit to the Lord with fear, \*

and with trembling bow before him; *Antiphon*

12 Lest he be angry and you perish; \*

for his wrath is quickly kindled.

13 Happy are they all \*

who take refuge in him! *Antiphon*

*[Omitted in the Ionian Psalter]*

## READING FROM THE EPISTLES

2 Peter 1:16-21

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

The Word of the Lord.

**Thanks be to God.**

*Please rise as you are able.*

## HYMN (vs. 1, 2, 4) (10:30)

Songs of thankfulness and praise

Salzburg

1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,  
 2 Man - i - fest at Jor - dan's stream, Pro-phet, Priest, and King su - preme;  
 3 Man - i - fest in mak - ing whole pal - sied limbs and faint - ing soul;  
 4 Man - i - fest on moun - tain height, shin - ing in re - splen-dent light,

man - i - fest - ed by the star to the sa - ges from a - far;  
 and at Ca - na, wed - ding-guest, in thy God-head man - i - fest;  
 man - i - fest in val - iant fight, quell - ing all the dev - il's might;  
 where dis - ci - ples filled with awe thy trans - fi - gured glo - ry saw.

branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;  
 man - i - fest in power di - vine, chang - ing wa - ter in - to wine;  
 man - i - fest in gra - cious will, ev - er bring - ing good from ill;  
 When from there thou led - dest them stead - fast to Je - ru - sa - lem,

an - thems be to thee ad-dressed, God in man made man - i - fest.  
 an - thems be to thee ad-dressed, God in man made man - i - fest.  
 an - thems be to thee ad-dressed, God in man made man - i - fest.  
 cross and Eas - ter Day at - test God in man made man - i - fest.

Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984). St. 4, Copyright © The Church Pension Fund. Music: *Salzburg*, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750).

Hymnal 1982 #135

## GOSPEL READING

Matthew 17:1-9

The Holy Gospel of our Savior Jesus Christ according to Matthew.

**Glory to you, Lord Christ.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, “Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.” While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, “This is my Son, the Beloved; with him I am well pleased; listen to him!” When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, “Get up and do not be afraid.” And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, “Tell no one about the vision until after the Son of Man has been raised from the dead.”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

*Please be seated.*

**SERMON**

Rev'd Andrew Cooley

"Be Still and Know that I am God". Psalm 46:11.

*A brief period of silence follows the Sermon.*

*Please rise as you are able.*

**NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,**

**God from God, Light from Light, true God from true God, begotten, not made,  
of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come.**

**Amen.**

## **PRAYERS OF THE PEOPLE**

*Submit your prayer request here: <https://rb.gy/erserv>*

*Presider*

Clothed in the beauty of Christ, let us approach the Lord with prayers for all peoples.

*Prayer Leader*

With gratitude for all our blessings, individually and as a community of faith, we offer our prayers of thanksgiving [*for write-in petitions*] and for those blessings we name now, silently or aloud. *Silence.*

Light of the world,  
**hear our prayer.**

For all the holy people of God in this congregation, around the diocese and the world. For the people and ministries of [*Diocesan cycle of prayer*]. For Nathan our postulant, and Tina ordained to the diaconate. For all deacons and priests, military and healthcare chaplains, Andrew our supply priest, and Sabeth our rector. For Phil our bishop and Sean our presiding bishop. For everyone of us who minister in Christ and all who love God.

Light of the world,  
**hear our prayer.**

For this country, for all nations and their leaders. For our sisters at WHEEL, and for the Duwamish Tribe and all Coast Salish-speaking peoples. For our city and neighborhood, that together we may break down barriers of oppression and scarcity.

Light of the world,

**hear our prayer.**

For all those in danger and need. For our friends and neighbors who are hungry, without a permanent home, or unemployed. For those who serve in the military and their families. For refugees and prisoners, and their families. For those who live with addiction, and those who are sick, remembering *[prayer list and write-ins, and]* those we now name, silently or aloud. *Silence.*

Light of the world,

**hear our prayer.**

For the dying and the dead, and for those who love them, remembering *[prayer list and write-ins, and]* those we now name, silently or aloud. *Silence.*

Light of the world,

**hear our prayer.**

For ourselves, our families, friends, and companions on the way, and all those whom we love.

Light of the world,

**hear our prayer.**

**God of Creation, whose Son wandered in the desert for 40 days and whose Spirit bestows unexpected blessings, during this time of sabbatical, enliven us with reflection and renewal, guide our leaders with wisdom and fortitude, and inspire our hearts towards love, this we pray through the one, holy, and blessed Trinity. Amen.**

*Presider*

Blessed are you, God of light eternal. Hear our prayers for all peoples and let your glory shine through us, that our lives may proclaim your goodness and our works give you honor; through Jesus the Christ. **Amen.**

We pray to you also for the forgiveness of our sins. *Silence.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

## **ABSOLUTION**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **BLESSINGS AND CELEBRATIONS**

### **PEACE**

The peace of the Lord be always with you.

**And also with you.**

*Please greet one another in the name of Jesus Christ.*

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## **LITURGY OF THE TABLE**

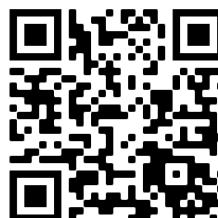
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*Please be seated while the table is prepared.*

### **OFFERTORY**

Ascribe to the Lord the honor due his Name; bring offerings and come into his courts. (*Psalm 96:8*)

*You may make an offering at any time, before, during or after the conclusion of the service using our “Virtual offering Plate” (<https://onrealm.org/TrinitySeattle/give/now>).*



*To contribute via text:Text MYTPC \$25 (or any amount) to the phone number 73256. You'll receive a text message in response with your next steps. Messages and data rates may apply. Message frequency varies. Text HELP to 73256 for help. Text STOP to 73256 to cancel. Privacy Policy:*

*<https://legal.acst.com/privacy-policy> Terms of Service: <https://legal.acst.com/terms-service-use>*

**OFFERTORY MUSIC****The Lord is my Light****Hallock**

The Lord is my light, the refuge of my life and my salvation; of whom then shall I be afraid?  
If I take the wings of the morning, or go up into heaven, your right hand will hold me.  
In the shadow of your wings I will rejoice and bless your holy Name; and I will sing of your  
glory, O Lord my strength, as long as I live.

*Please rise as you are able as the monetary offerings are brought to the altar*

**OFFERTORY PRAYER**

**God of mercy and compassion, your Word calls us home to faith and love.  
Accept all we offer you this day; in the name of Jesus the Christ. Amen.**

**THE GREAT THANKSGIVING**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is truly right to glorify you, Holy One, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say),

*(8:00)*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

(10:30)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high-est. Ho - san - na in the high-est.

*Hymnal 1982 #S-125*

We acclaim you, holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Holy God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, Jesus lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose Jesus gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for Christ who died and rose for us, you sent the Holy Spirit, your own first gift for those who believe, to complete your work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for Jesus to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them Jesus took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Almighty God, we now celebrate this memorial of our redemption. Recalling Christ’s death and descent among the dead, proclaiming Christ’s resurrection and ascension to your right hand, awaiting Christ’s coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

**We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

God our Creator, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of our Savior Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace. And grant that we may find our inheritance with the Blessed Virgin Mary, with matriarchs, patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through Jesus Christ our Savior.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

**Amen.**

### THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

*The Presider breaks the consecrated bread. A period of silence is kept.*

### FRACTION ANTHEM

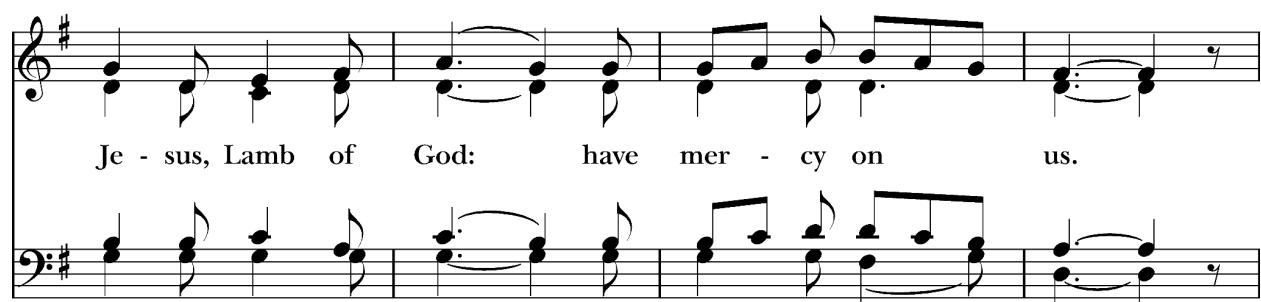
*(8:00)*

Jesus, Lamb of God: **have mercy on us.**

Jesus, bearer of our sins: **have mercy on us.**

Jesus, redeemer of the world: **give us your peace.**

*(10:30)*



The musical notation consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in common time with a key signature of one sharp (F#). The music is composed of eighth and sixteenth note patterns. The lyrics are integrated into the music, appearing below the notes. The lyrics are: "Je - sus, Lamb of God: have mer - cy on us." The music is divided into two sections by a vertical bar line, with the lyrics appearing in the middle of the first section.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

*Hymnal 1982 #S-164*

**For those participating remotely at 10:30am, please join us in spiritual communion by praying from wherever you are:**

O Christ, I believe that You are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

## INVITATION AND COMMUNION

Come, The table of bread and wine has now been made ready,  
It is the table of company with Jesus and all those who love him.  
It is the table of sharing with the poor and outcasts;  
    those with whom Jesus identified himself.

It is the table of communion with the earth in which Christ became incarnate.

So, come to this table:

You who have much faith  
    and you who would like to have more;  
You who have been to this sacrament often,  
    and you who have not been for a long time;  
You who have tried to follow Jesus,  
    and you who have failed.

Come. **It is Christ who invites us to meet him here.**

*All who seek God are welcome at Christ's Table.*

- *Gluten-free wafers are available; simply ask for one at the time of communion.*
- *Hold out your hand to receive the bread and then eat.*
- *Guide the chalice of wine to your mouth and then drink. Intinction (dipping the bread in the wine) is not available at this time.*
- *To receive a blessing instead of the bread or wine, cross your arms over your chest.*
- *If you need communion brought to you at your seat, please notify an usher.*

## COMMUNION ANTHEM

Resplenduit facies ejus

Victoria

His face shone like the sun, and his clothes likewise became as white as snow.  
And behold, there appeared to them Moses and Elijah, speaking with Jesus.

## COMMUNITY ANNOUNCEMENTS

### POST-COMMUNION PRAYER

**Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.**

# BLESSING

May the God of glory be manifest to you, that you may walk in light and never be afraid.

May you listen to the voice of the Beloved and be strengthened to bear your cross, changed into his likeness from glory to glory.

May you wait patiently upon the Holy Spirit within the cloud, and be transfigured by the light of God's countenance to shine like the sun.

May God the holy, glorious, and undivided Trinity bless you and keep you, now and for ever. **Amen.**

## PUTTING AWAY THE ALLELUIAS

*In The Episcopal Church, we refrain from using the celebratory word Alleluia in worship during the penitential season of Lent. During the final hymn today, we will 'put away the Alleluias' until Easter. Bring forward the Alleluia cards from your pew (and unoccupied pews near you) and place them in the chest in front of the altar. The chest will remain under the altar during Lent and the Alleluias will be released on Easter in recognition of Jesus' resurrection.*

1 All crea - tures of our God and King, lift up your voic - es, let us  
\*2 Great rush - ing winds and breez - es soft, you clouds that ride the heavens a -  
\*3 Swift flow - ing wa - ter, pure and clear, make mu - sic for your Lord to  
4 Dear mo - ther earth, you day by day un - fold your bless-ings on our  
5 All you with mer - cy in your heart, for - giv - ing o - thers, take your  
\*6 And ev - en you, most gen - tle death, wait - ing to hush our fi - nal  
7 Let all things their cre - a - tor bless, and wor - ship him in hum - ble -

A musical staff in G major (one sharp) with a common time signature. The staff begins with a G major chord (B, D, G) followed by a half note G, a half note F, a half note E, a half note D, a half note C, a half note B, and a half note A.

1	sing:	Al - le	- lu - ia,	al - le	- lu - ia!	Bright	burn - ing
2	loft,	O—	praise him,	Al - le	- lu - ia!	Fair	ris - ing
3	hear,	Al - le	- lu - ia,	al - le	- lu - ia!	Fire,	so in -
4	way,	O—	praise him,	Al - le	- lu - ia!	All	flowers and
5	part,	O—	sing now:	Al - le	- lu - ia!	All	you that
6	breath,	O—	praise him,	Al - le	- lu - ia!	You	lead back
7	ness,	O—	praise him,	Al - le	- lu - ia!	Praise	God the



1 sun with gold - en beams, pale sil - ver moon that gen - tly gleams,  
 2 morn, with praise re - joice, stars night - ly shin - ing, find a voice,  
 3 tense and fierce - ly bright, you give to us both warmth and light,  
 4 fruits that in you grow, let them his glo - ry al - so show:  
 5 pain and sor - row bear, praise God, and cast on him your care:  
 6 home the child of God, for Christ our Lord that way has trod:  
 7 Fa - ther, praise the Son, and praise the Spi - rit, Three in One:

*Refrain*

O praise him, O praise him, Al - le - lu - ia,

al - le - lu - ia, al - le - lu - ia!

*The refrain may be sung antiphonally, by phrase; all join in the final Alleluia.*

Words: St. Francis of Assisi (1182-1226); tr. William H. Draper (1855-1933), alt. Music: *Lasst uns erfreuen*, melody from *Auserlesene Catholische Geistliche Kirchengeseng*, 123; adapt. and harm. Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

*Hymnal 1982 #400*

## DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, alleluia.

**Thanks be to God. Alleluia, Alleluia!**

## POSTLUDE

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### CITATIONS & PERMISSIONS

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## MINISTERS OF THE SERVICE

**8:00**

Acolyte: Marshall Bilderback

Lector: Mary Johnstone

Intercessor: Melissa Wood

Eucharistic Minister: Marshall Bilderback

Usher: Betsy Severtsen

### Both Services

Vestry Person of the Week: Mary Johnstone

Presider & Preacher: the Rev'd Andrew Cooley

**10:30**

Acolyte: Austin Matthews

Lectors: Cindy Johnson-Garnett, Mahalia Kahsay

Intercessor: De Lise Hartzell

Eucharistic Ministers: Cindy Johnson-Garnett,

Leslie Bourgoin

Usher: Caleb Triche

Organist: James Middaugh

Music Director: Markdavin Obenza

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**TRINITY VESTRY:** Mary Johnstone (Senior Warden), Betsy Severtsen (Junior Warden), Richard Greene (Treasurer), William Pearson, Joshua Sheppard, Hillary St. John, Caleb Triche

**SABBATICAL LEADERSHIP TEAM (SaLT):** Leslie Bourgoin, Mary Johnstone, Carl McNabb, Kristy Messler, Margaret Obenza, Betsy Severtsen

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## STAY CONNECTED!

*Sign up for our weekly **Chimes newsletter** using the QR code to the right, or go to <https://tinyurl.com/TrinityeNews>.*



[www.trinityseattle.org](http://www.trinityseattle.org)   **Facebook:** seattletrinity   **YouTube:** @trinityparishseattle

**Trinity WhatsApp Community** - Join the Trinity Parish community page and select from the group chats available: <https://tinyurl.com/TPCWhatsApp>.

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# TRINITY CHIMES: NEWS & ANNOUNCEMENTS

## HAPPENING THIS WEEK

### **Coffee Hour (after both services)**

Please join us in the Parish Hall (across the courtyard) for coffee and conversation.

### **Community Lunch (3rd Sundays) - *All hungry humans are invited to eat!***

*Sunday, February 15 at 11:45am in the Parish Hall*

Everyone is welcome to join us for lunch, after the 10:30 service, as we host a FREE hot meal for our community and neighbors.

### **Ash Wednesday Services**

*Wednesday, February 18 at 12:15PM and 6:00PM*

The 40-day season of Lent begins on Ash Wednesday. On Wednesday, February 18 we will have traditional Ash Wednesday services at 12:15PM (spoken) and 6:00PM (with music). Both services will include imposition of ashes and Holy Eucharist. The custom of placing blessed ashes on the foreheads of worshipers is a sign of penitence and a reminder of mortality.

### **WHEEL/Women in Black Silent Vigil on Ash Wednesday**

*Wednesday, February 18, Noon to 1:00pm on the steps of City Hall (4th/James)*

Join with WHEEL/Women in Black as we stand vigil on the steps of City Hall for TWENTY-SEVEN more of our siblings who died unsheltered, in public, or by violence in late 2025 and in January of this year. Our vigil will be on Ash Wednesday, and our pastoral supporters will provide ash blessings for those who wish them.

### **Weekly AA Meetings at Trinity**

- ***TANBIR - Thursdays at 8:00PM***

The Trans And Non-Binary In Recovery AA group is an open meeting.

- ***Live and Let Live - Fridays at 8:00PM***

An open AA meeting that welcomes LGBTQ+ participants.

## MORE PARISH EVENTS AND ANNOUNCEMENTS

### First Sunday in Lent

*Sunday, February 22, at 8:00AM and 10:30AM in the Trinity Sanctuary*

Lent begins with The Great Litany. The Rev. Sao Uomoto, chaplain at Skyline, returns as our guest preacher. He is a 4th generation Central District Seattleite who has had pastoral roles at Japanese Baptist, St. Andrew's Episcopal, and Seattle First Presbyterian. Rev. Sao has also been a hospital chaplain at various locations prior to serving at Skyline.

### Adult Formation in Lent: Walk in Love

*Sundays, February 22 - March 22, at 9:15am - 10:15am in the Trinity Library*

Lent will provide us with an opportunity to dig into the theme *“Enliven us with Reflection and Renewal.”* Join us between the services, at 9:15am, for a 5-week formation series beginning Feb. 22 as we discuss what it means to Walk in Love as Episcopalians. We will be using the book, *Walk in Love: Episcopal Beliefs & Practices*, by Scott Gunn & Melody Wilson Shobe, to help guide our conversation. This class is open to all and will be especially of interest to anyone interested in Baptism, Confirmation, Reception (from another denomination into the Episcopal Church), or Reaffirmation. A few copies of *Walk in Love* are available in the office. Please let Rev. Andrew or Kristy ([office@trinityseattle.org](mailto:office@trinityseattle.org)) know if you need one.

### The Vestry Requests Your Feedback

Trinity's Vestry is looking for parishioner feedback on our quarterly Parish Check-in Meetings! We'd love to hear about any thoughts on the meetings themselves so we can ensure they are meaningful and helpful to the parish community. Survey link: <https://tinyurl.com/3cv46w6a>. Also feel free to share feedback with any member of the Vestry.

### Year-end Statements for 2025

2025 year-end giving statements were sent out in early February. Most were sent electronically. If you would like a printed statement mailed to you, please contact Kristy in the office: [bookkeeper@trinityseattle.org](mailto:bookkeeper@trinityseattle.org).

## Our Rector is on Sabbatical

Our rector, **the Rev. Sabeth Fitzgibbons**, is currently on sabbatical (returning on March 29). While she is away for a period of rest, study, spiritual renewal, and travel, we are grateful to welcome **the Rev. Andrew Cooley** as our sabbatical supply priest for most of these Sundays. After serving much of his priesthood in Colorado, Andrew gained extensive experience serving in a variety of interim positions, including St. James' Episcopal Church in Florence, Italy before retiring to Tacoma, WA where he now lives in an intergenerational home with his wife, daughter, son-in-law, and 5-year-old grandson. Andrew recently celebrated the 40th anniversary of his ordination as a priest.

**Trinity's Sabbatical Fund** helps offset sabbatical-related expenses such as travel and continuing education for Trinity's clergy, and honoraria for supply clergy, guest preachers, and pastoral care support while they are away. Gifts to this fund are a meaningful way for you to participate in and show your support for Rev.

Sabeth's sabbatical. Contributions of any amount are welcome. *To give online*, select "**Sabbatical Fund**" from the drop-down list of funds:

<https://onrealm.org/TrinitySeattle/-/form/give/now>; *to give by check or cash*, note "**Sabbatical Fund**" in the memo.



## First Sunday Coffee Hours: Potluck Style!

*Sunday, March 1*

On the first Sundays of the month you are invited to bring something store-bought or homemade to add to the Coffee Hour table. Everyone is welcome to eat whether you bring something or not.

## Compline Service

*Thursdays, 3/5, 5/7 at 8:15PM to 8:45PM in the Trinity Sanctuary*

Join us on the evening of **March 5** for our next Compline - a service of prayer for the end of the day. Quiet and refresh your soul with this contemplative service of acapella chant led by the Trinity Choir.

## **Bookmarks! (2nd Sundays)**

*Sunday, March 8 at 12:15PM in the Trinity Library*

For March and April we are reading books on the topic of trauma (Suggestions: *What Happened to You?: Conversations on Trauma, Resilience, and Healing*, by Bruce D. Perry and Oprah Winfrey, and *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*, by Bessel van der Kolk) and *The Prophetic Imagination*, by Walter Brueggemann. The new introduction to *The Prophetic Imagination* suggests that reading about trauma and disaster will provide “a background against which the depth and implication of Brueggemann’s claims can be better appreciated.” All are invited to join in Bookmarks! discussions whether you’ve read the book(s) or not. We also invite your suggestions for other titles to read in future months.

## **Exploring Discernment Retreat: You Are Invited**

*Saturday, April 11, 9:30am - 3:30pm at St. Stephen’s Episcopal Church, 4805 NE 45th St., Seattle, WA 98105 (in person only)*

Do you have a big question in life that you are thinking about and wondering what God would have you do? A question like: *Should I retire? Should I go back to school? Should I try this ministry? Should I start my own business? Where should I volunteer my time?* These questions and more are invitations to explore your relationship with God, yourself, and others more deeply and this one-day retreat will give you resources to do just that. Join other discerners across the Diocese to learn the Foundations of and Tools for Discernment. Suggested readings before you attend are: *The Dream of God: A Call to Return*, by Verna Dozier (Seabury, 1991); and *Let Your Life Speak: Listening for the Voice of Vocation*, by Parker Palmer (John Wiley & Sons, 2000). Please register using the QR code or this link: <https://qrkc.ai/go/XH4ZC31EGGJP>. Questions, email the Secretary to Vocations, Michael Seewer mseewer@ecww.org.



## **Tell Out My Soul Promises to Support Trinity in 2026**

If you haven’t already made your Tell Out My Soul promise for 2026 you can still do so. Promise cards are available in the church or office, or you can record your promise online: <https://onrealm.org/TrinitySeattle/-/form/pledge/telloutmysoul>. Our goal is for every member of our Trinity community to make a commitment to share their wisdom, wealth, and/or works with Trinity in 2026.

## Have Cryptocurrency? A New Way to Support Trinity's Ministries and Mission

Did you know that you can make a tax-deductible gift to support Trinity's ministries and mission using cryptocurrency? Trinity is now able to accept gifts to our General Fund or Memorial Endowment Fund in the form of crypto: <https://onrealm.org/TrinitySeattle/-/form/give/crypto>.



## Cathedral Day 2026 - A "Family Reunion" for the Diocese of Olympia

*Saturday, April 25 at Saint Mark's Cathedral and Livestream*

Cathedral Day is a joyous time of celebration as we come together as the entire Diocese for a day of confirmations, receptions, reaffirmations, food, and fun! (See the *Adult Formation announcement* above if you would like to prepare for confirmation, reception, or reaffirmation.) This year's Cathedral Day falls on the Feast of St. Mark the Evangelist. It's also the 100th anniversary of the official designation of Saint Mark's parish as the cathedral of the Diocese of Olympia, at the 1926 Diocesan Convention. Info: <https://saintmarks.org/about/cathedral-day/>.